



Sylvia Becker-Hill

Mastering the Power of Strategic Change™

...with Neuroscience and Emotional Intelligence



“Magic Moments and Pearls of Wisdom” The Change Master’s Completion of 2010™

1. The three most rewarding successes for me in 2010 were:

Personally:

- a.
- b.
- c.

In my career or business:

- a.
- b.
- c.

2. What did I do in each case to make these successes happen?

- a.
- b.
- c.
- d.
- e.



3. What were the three most beautiful "magic moments" for me in 2010? (Magic moments are those of deep happiness, great "flow," extreme awareness or unusual close contact.)
 - a.
 - b.
 - c.
4. What events from 2010 do I never want to experience again?
5. How can I make sure that these things will not happen again?
6. What am I most proud of from 2010? In what ways did I grow last year?
7. What are my three most important "Pearls of Wisdom" from 2010? (Pearls of wisdom are learning lessons, "Ah-ha"s or deep realizations.)
 - a.
 - b.
 - c.
8. Ten people, things or situations from 2010 that I'm grateful for:
 - a.
 - b.



c.

d.

e.

f.

g.

h.

i.

j.

9. I am finishing the year 2010 with the positive feeling(s) of...

Congratulations!

By answering these questions, you have done more mental reflection and consciousness work than 98% of people ever do. May this contemplation and self-realization bring you clarity, awareness, meaningful insights, deep self-acceptance, gratitude and a sense of purpose in life.

I hope that this completion of 2010 will serve as a powerful kickoff for 2011, a year full of rewarding successes, and I would appreciate your feedback or comments.

Your Executive Change Strategist, Neuroplasticity Trainer and Personal Coach



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