



Sylvia Becker-Hill

Mastering the Power of Strategic Change™

...with Neuroscience and Emotional Intelligence



“Magic Moments and Pearls of Wisdom” The Change Master’s Completion Process for 2011™

1. The three most rewarding successes for me in 2011 were...

Personally:

a.

b.

c.

In my career or business:

a.

b.

c.

2. What did I do in each case to make these successes happen?

a.

b.

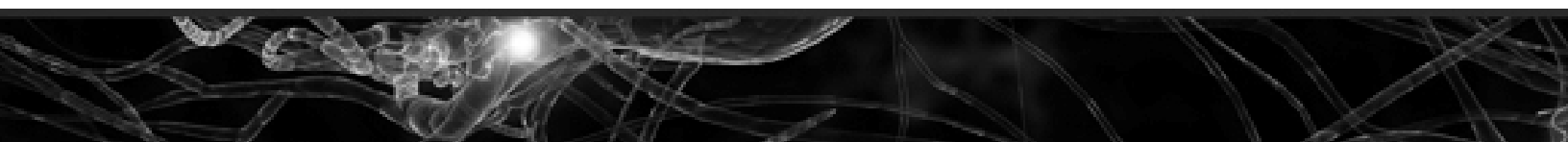
c.

d.

e.



3. What were the three most beautiful “magic moments” for me in 2011? (Magic moments are those of deep happiness, great “flow,” extreme awareness or unusual close contact.)
 - a.
 - b.
 - c.
4. What events from 2011 do I never want to experience again?
5. How can I make sure that these things will not happen again?
6. What am I most proud of from 2011? In what ways did I grow last year?
7. What are my three most important “Pearls of Wisdom” from 2011? (Pearls of wisdom are learning lessons, “Aha” moments or deep realizations.)
 - a.
 - b.
 - c.
8. Ten people, things or situations from 2011 that I’m grateful for:
 - a.
 - b.
 - c.



d.

e.

f.

g.

h.

i.

j.

9. I am finishing the year 2011 with the positive feeling(s) of...

Congratulations!

By answering these questions, you have done more mental reflection and consciousness work than 98% of people ever do. May this contemplation and self-realization bring you clarity, awareness, meaningful insights, deep self-acceptance, gratitude and a sense of purpose in life.

If you experience any resistance or negative "echoes" while working through this completion process, or if you want professional help or need to integrate difficult emotions... stop agonizing and let me assist you. With my new, seemingly magical tool, [Pro-EFT](#),* I can help you create the Brain Alignment™ you crave in order to complete 2011 and prepare for a new year!

I hope that this Change Master's Completion Process for 2011™ will serve as a powerful kickoff for 2012, a year full of rewarding successes for you.

Your Executive Change Strategist, Neuroplasticity Trainer and Personal Coach



Sylvia Becker-Hill, sylvia@becker-hill.com

* Follow this link to learn more about EFT and see my offer for a FREE session: [Pro-EFT](#).